

The Photocopiable
**Ourselves Activity
Book**

by
Pat Lamb

Introduction

"The Photocopiable Ourselves Activity Book" is a lively and imaginative collection of activities suitable for use in Key Stage 1 classrooms. The concepts chosen are suitable for inclusion in a classroom study of the Topic "Ourselves". Each photocopiable sheet comes with suggestions for numerous ideas for developing the concept to be explored. The activities are grouped in three different levels of ability, Level 1, Level 2 and Level 3, roughly corresponding to National Curriculum Levels. It is envisaged that a busy class teacher will use his/her professional judgment to select activities appropriate to their own individual situation.

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Printed in Great Britain for "Topical Resources", Publishers of Educational Materials, P.O. Box 329, Broughton, Preston PR3 5LT (Telephone 01772 863158) by T.Snape & Company Ltd., Boltons Court, Preston.

Typeset by "Topical Resources".
First Published September 1994
ISBN 1 872977 14 6

Contents

LEVEL 1

My Body
Body Puzzle
Faces
Happy/Sad
Look What I Can Do
Looking At Feet
Whose Shoes?
Hands
Lost Gloves
Taste
Touch
Sound
Smell
I Spy
What is Missing?
Rainy Day Clothes
Warm Weather Clothes
Cold Weather Clothes

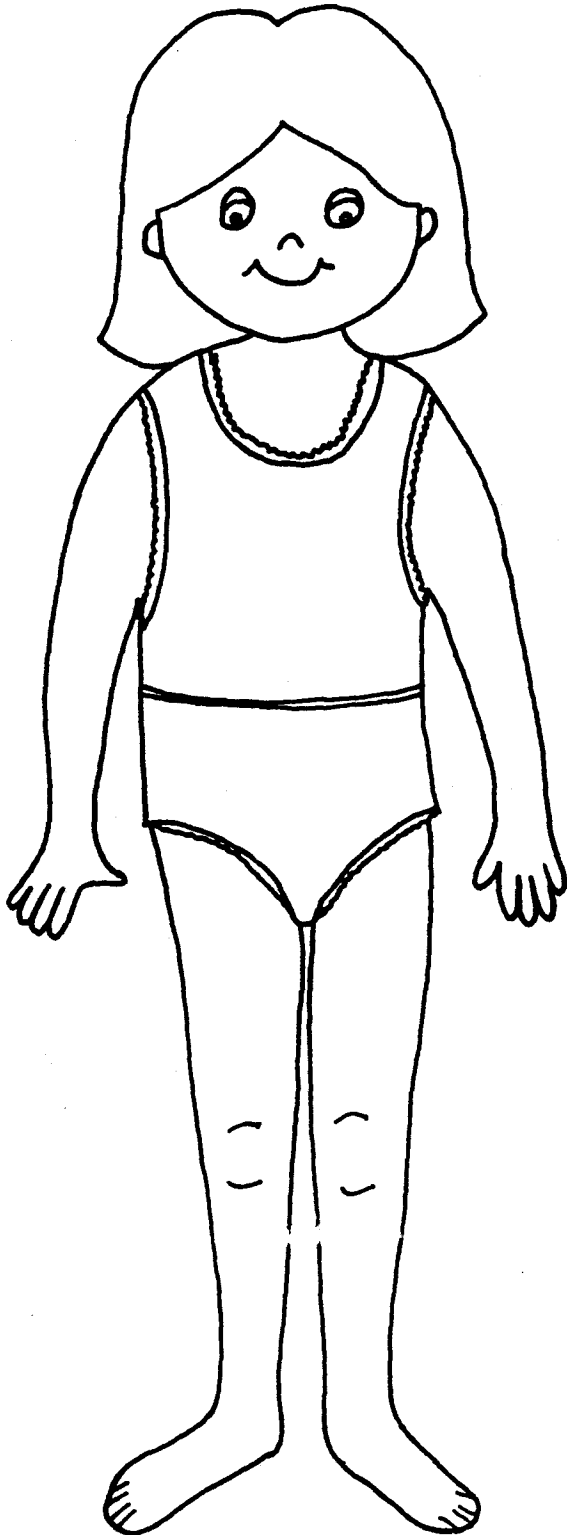
LEVEL 2

Label The Parts Of Your Body
All About Me
In My Class.
My Friends and I
Baby and Me
I Can Dress Myself
On Rainy Days
Clothes
Keeping Clean and Tidy
Teeth
We Need Exercise
Touch
Sight
Sound
Taste
Smell
Happy
Sad
Surprise Surprise

LEVEL 3

Moving Doll
Looking Inside
Using My Brain
The Skeleton
Where Is It?
Hands
Clean Hands
Food
Exercise
Being Ill
Our Teeth
At The End Of My Day
Behaviour
My Friend And I
We Are All Different
Growing Old
When I Grow Up
Fear
Anger

Label the parts of your body



shoulder

face

elbow

hand

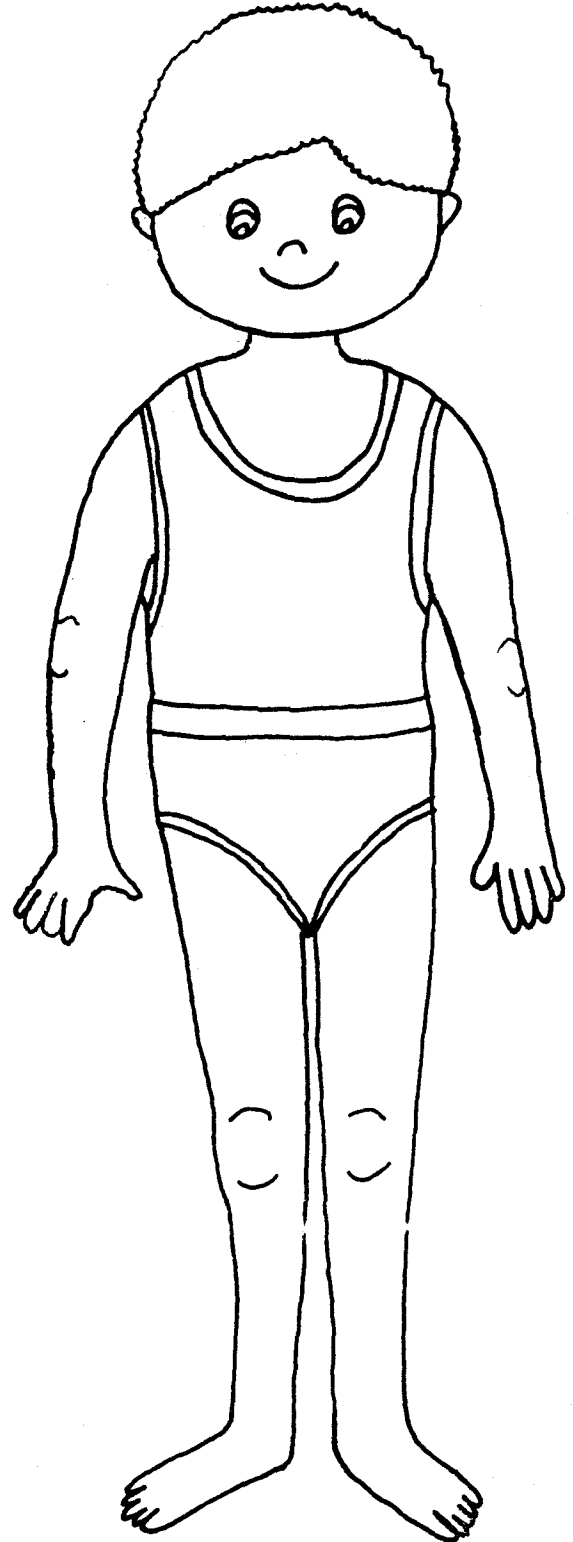
hair

arm

foot

ankle

leg



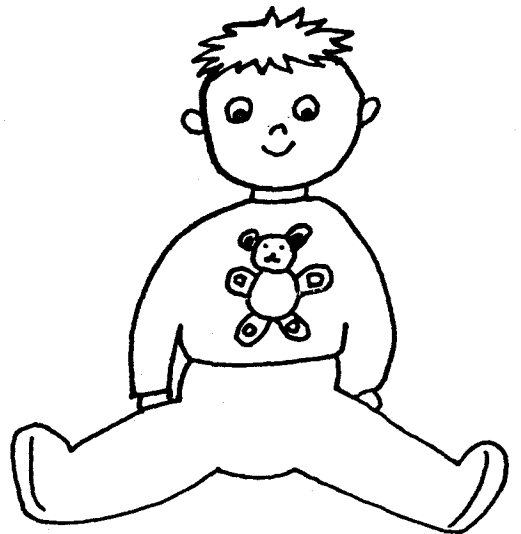
Baby and me

A baby can _____

A baby can't _____

A baby can _____

A baby can't _____

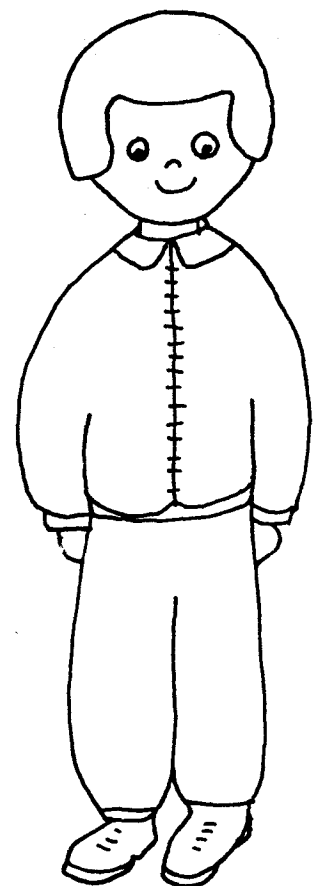


I can _____

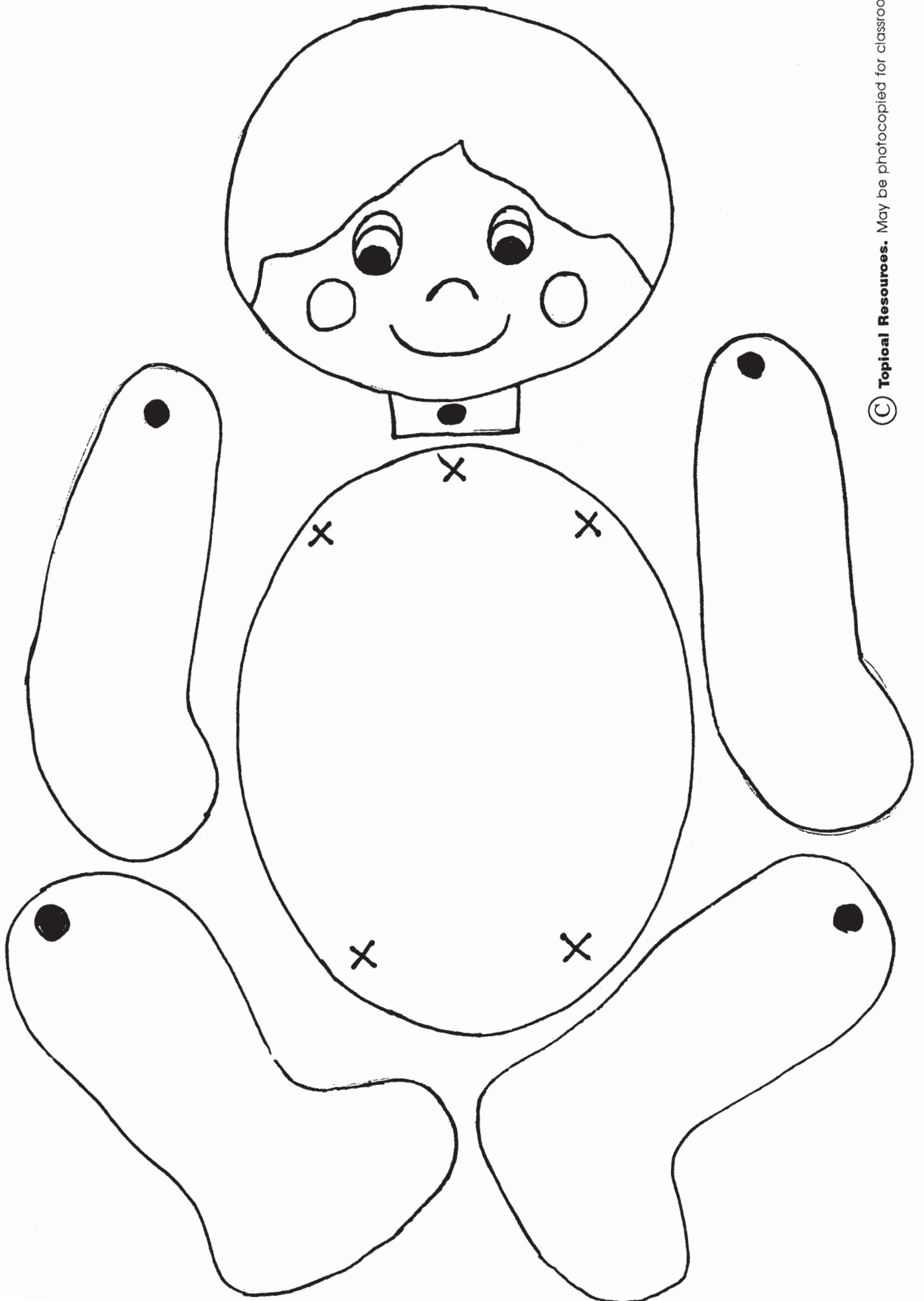
I can _____

I can _____

I can _____



Make a moving doll



Resting

Exercise

Using a lot of energy

Using a little energy

